WEDNESDAY 25th January

Practical and Training Day - Surgical Trainees

(Max 40) Specialist Registrars (Colorectal/Urogynaecology)

- Live Operating (University Hospital of Wales, WIMAT Cardiff Medicentre)
- Anorectal Physiology – ABC guide for trainees – Steve Perring
- Simulation Lab models (Welsh Institute Minimal Access Therapy)

Practical and Training Day - (max 100 )Physiotherapists and Allied Medical Professionals  (University Hospital of Wales, Cardiff)

Morning Session: Tutor: Michelle Lyons

'Best Practice in the Bathroom: An evidence based approach to conservative management of Constipation: Physiotherapy, Nutrition and Lifestyle Management'
- Review of anatomy & physiology of constipation
- Slow transit vs Pelvic Outlet Dysfunction
- The role of physiotherapy in managing constipation
- Integrating 'wellness strategies' - everyday choices for better bowel function

Afternoon Session: Tutor: Bill Taylor

'Erectile Dysfunction: Everything you need to know to manage and treat this problem'
- Review of anatomy and physiology
- Aetiology of ED
- Management and treatment options

Endoanal Ultrasound Course , Sophia Suite in the Hilton Hotel Cardiff
Lunch included (starts 12noon)
12.30-5pm
16 places available
THURSDAY 26th January

9am: Coffee

9.30am: Pelvic Pain- a multimodality approach (Chair: Nicola Fearnhead)
- The mechanisms behind the development of chronic pelvic pain Katy Vincent, Oxford
- Physiotherapy for chronic pelvic pain (female) Mair Whittall, Swansea
- Physiotherapy for Pelvic Pain (male) Bill Taylor,
- Pharmacological management of chronic pelvic pain Gareth Greenslade, Bristol
- Mesh removal for chronic pelvic pain Kiron Bhal, Cardiff

11am: Coffee

11.30am: Psychological aspects of pelvic floor disorders
Pelvic floor and the psychologist. Yoram Inspector, St Marks Hospital

12.30pm
Tips and Tricks of interviewing patients for a psychosexual history. Peter Gill, Tenovus Cancer Care Nurse

1pm Lunch

2.00pm: Congenital anorectal malformations in the adult population: clinical presentation and management. Paul-Antoine Lehur, Nantes

2.45pm: Mesh complications in pelvic floor disorders
Chair: Simon Phillips
- Mesh in clinical practice: the Scottish experience Karen Guerrero, Glasgow
- The management of colorectal mesh complications Tony Dixon, Bristol
- The management of gynaecological mesh complications Natalia Price, Oxford
- Medicolegal aspects of mesh complications in the pelvis Sarah-Jane Richards, Fortitude Law, London

5.30- 6.30pm - NPFS Executive Committee meeting (Bute Room)

6.30pm - Drinks Reception (Hilton Atrium)

7.00 pm - Dinner (Hilton Ballroom)
FRIDAY 27th January

9am: Main theatre: Clinical trials

SUBSONIC Charles Knowles, London
SAFARI David Jayne, Leeds
WP4 programme Charles Knowles, London
CONFIDENT Emma Horrocks, London
MASIC – Steve Brown, Sheffield
RAPPORT Jon Lacy Colson, Shrewsbury

9am: Breakout session

Physiotherapy and Allied Health Professionals Breakout Session
Organiser: Jane Dixon

- FGM - Alison Byrne
- Anorectal Irrigation - Yvette Perston
- Comparison of Manometry, Physiotherapy and Proctography – Steve Perring
- Development in Training for GI Physiology/Biofeedback - Katherine Maybey

10.30am: Coffee

11am: Consultants’ Corner
Chris Cunningham (presenting cases)

11.40 NPFS Accreditation Steve Brown

12.00pm: Lunch

1pm - Data collection for the NPFS

1.30pm

Anopress: The new kid on the block. Alex Leo, St Marks Hospital
The role of anopress in anorectal manometry. Steve Perring

2pm - Complex pelvic floor problems

The surgical management of cloacal type obstetric sphincter injuries. Abdul Sultan, Croydon

Gender re-assignment surgery for the non-expert Tim Terry, Leicester

Close of Meeting 4pm