The role of the IBD Nurse Consultant

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Nursing at St Marks

- Largest discipline
- Bedrock of all clinical activity
- Providing prompt, efficient, skilled compassionate care
- 7 main clinical nurse specialist teams
  - IBD, Biofeedback, stoma, pouch care, ward practitioner team, endoscopy and nutrition
What is IBD Nursing
What is IBD Nursing

- Inflammatory Bowel Diseases (IBD) is an unpredictable, complex and chronic condition with symptoms which are unpleasant, embarrassing and painful

- Global incidence is rising

- The majority of patients will remain capable of leading a reasonably normal life

- The individual with IBD will often require intensive and on-going input from health professionals
Advanced IBD Nurse

N-ECCO Statement 2.1

The Advanced IBD Nurse is an autonomous clinical expert in IBD who is responsible for the assessment, provision of evidence based care planning and treatment evaluation and provides practical information, education and emotional support for patients with IBD. They will practice within their own professional competency and accountability, supported by protocols or guidelines [EL 5]

O’Connor et al, 2013 Journal of Crohn’s and Colitis
Role of the IBD specialist nurse

- Provision of care (point of access, education & therapy)
- Focus is on the person managing their illness in the context of their life, rather than just disease activity
- Provide understanding of disease for patients
- Reassurance and empathy (normal response to a difficult situation)
Mission Statement

The IBD Nursing service aims to provide patients with information and support to allow for self-management where appropriate, but providing prompt access to advice, care and treatment as a priority

(IBD Nursing Annual Report 2013)
IBD Clinical Nursing Services

- Telephone Advice line
- Nurse led clinics
- Immunosuppressant monitoring service
- IBD Day care unit
- MDT Meetings
- Ward reviews

Additional
- Patient Panel
- IBD Intranet page
- Academic
- Annual Review (report for management)

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<tr>
<th>Clinic Name</th>
<th>Volume</th>
<th>Estimated Tariff</th>
<th>Estimated Income</th>
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The value of IBD Nursing

- Improved quality (Woods et al, 2006)
- Patient safety & Vigilance & provide continuity (Belling et al, 2009)
- Evidence from the UK IBD National Audit which demonstrate that IBD nurses, as part of a MDT, can assist to reduce hospital admissions, increase the proportion of people with IBD to self-manage and are pivotal in offering greater patient choice of care (Kemp & Fernandez 2013)
The role

The role developed in response to a lack of clinical career pathway for senior nurses and the consequent need to keep expertise at the bedside (D of H, 1999b)

Nurses practising at higher levels were seen as key to reforming the health service, with particular emphasis on their working across professional and organisational boundaries, as outlined in the CNO’s 10 key roles for nurses (D of H, 2002)
In their position statement, recruitment and selection strategy for NCs, the UK Department of Health (DH) structured the role around four functions:

- expert practice
- professional leadership and consultancy
- education, training and development
- practice and service development, research and evaluation.
The value

Approaches to measuring the impact of nurse consultants on patient, professional and organisational outcomes

Executive summary
Kate Gerrish, Ann McDonnell, Fiona Kennedy

Background
The NHS is experiencing a period of unprecedented change. Major reforms in the way healthcare is commissioned and healthcare services are organised, together with new models of healthcare delivery, require a nursing workforce which is equipped to respond to the many current and future challenges facing the NHS. The implementation of the healthcare reforms has been underpinned by a strategy to modernise nursing careers (DH 2006). This has included introducing a nursing...

- To develop a toolkit to help nurse consultants to demonstrate their impact on patient, professional and organisational outcomes.

The study built upon earlier research undertaken by the research team (Gerrish et al 2007) to develop a framework for capturing the impact of nurses in advanced clinical roles. The original framework which focused on identifying impact on patients (clinical significance) and staff (professional significance) required further refinement through reviewing the...
Opportunities for Consultant Nurses in IBD within the UK

- 10 Consultant Nurse posts within GI

- Currently 300 IBD CNS’s & a drive to increase posts nationally
The future

- Full potential of the role is yet to be unlocked and recognised

- Current reform & strategies continue to raise the importance of person-centred, safe, effective care in tandem with increased productivity & innovation

- Consultant Nurse role must have a clear focus and remit outside of clinical (education, leadership or research) – will vary from service to service
The future of the role

Good chronic disease management can make a real difference, helping to prevent crisis and deterioration, and enabling people living with chronic conditions to attain the best quality of life

(DOH, 2004)