

Harbour Hotel
Southampton
SO14 3QT



The Pelvic Floor Society

Working to Improve Outcomes



The Association of

**Coloproctology of
Great Britain & Ireland**



5th-7th
November 2025

THE PELVIC FLOOR SOCIETY PROGRAMME

THANK YOU TO OUR SPONSORS

Meet The Faculty

Programme

Thursday 6th November 2025

08:30	Registration & Coffee	
09:00	Welcome NPFS Chair	

Session 1		
Chairs:		
09:10	Introduction to Eating disorders	
09:40	Treatment for eating disorders in the UK	
09:50	Effect of eating disorders & laxative (ab)use on the gut, gut-brain axis & microbiome	
10:00	Eating disorders and the pelvis: considerations for anatomy and surgery	
10:15	Discussion	
10:30	Coffee & Networking	

Session 2		
Chairs:		
11:00	Infections of the perineum, anus and rectum: MPOX; STDs and beyond	
11:15	Dermatologic conditions of the perineum	
11:30	Skin problems and incontinence: Practical tips & tricks	

Key Note Speakers		
11:45	Keynote 1: The rise of Ketamine and it's effects on the pelvic floor	
12:15	Lunch & Networking	
13:30	Keynote 2: International Consensus on laparoscopic ventral mesh rectopexy.	

Session 3 LVMR technique in detail. (Panel 5 surgeons and audience)
Chairs:

14.00	Tips for best exposure, positioning and port placement	
14.10	Anatomy of the sacral promontory in detail and fixation of mesh	
14.20	Lateral dissection, pouch of Douglas and rectovaginal septum dissection	
14.30	Mesh types, subtypes, shape: purpose and tension	
14.40	Sutures type and placement, & closure peritoneum	
14.50	Discussion	

Session 4. Robotic rectopexy
Chairs

15:00	Differences between LVMR and RVMR set-up, outcomes and surgeon comfort	
15:15	Technical tips	
15:30	Discussion	
15.30	Coffee & Networking	

Session 5. Suture rectopexy & resection rectopexy

16.00	Suture rectopexy	
16.30	Resection rectopexy.	
17.00	Debate on how to choose between different rectopexies.	
17.45	Closure	

18:30	Drinks & Visiting Sponsors	
19:30	Gala Dinner	

Friday 7th November 2025

08:00	Registration
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Session 5. The menopause and the pelvic floor Chairs:

08:30	Back to basics: what does again happen during menopause	
08:45	Latest insight in hormone replacement therapy and the pelvic floor	
09:00	Diet & non-medical treatment for menopausal symptoms	
09:15	Discussion	
09:30	AGM for ALL PF Society members	
10:00	Update on Research	

Best videos or abstracts Pelvic Floor Research

(6 minutes with 4 mins questions each)

10:15		
10:25		
10:35		
10:45		
10:55		
11:05		
11:15	Coffee & Networking	

Session 6. Updates on Neuromodulation**Chairs:**

11:45	Current state of neuromodulation and newest insights/ Implantable PTNS /acupuncture	
12:00	Future of neuromodulation.	
12:15	Discussion	

12:30	Consultant Corner	
	(6 people from Visiting speakers +/- those below	
13:30	Closing And Take-Away Lunch	