



The Association of Coloproctology of Great Britain and Ireland (ACPGBI) is a group of 1000+ surgeons, nurses, and allied health professionals who advance the knowledge and treatment of bowel diseases in Britain and Ireland.

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of Great Britain and Ireland**

**Transanal
Endoscopic
Microsurgery
(TEMS)**

Patient information

Later, the same or following day you will be able to:

- Eat again, starting with liquids and gradually introducing Solid foods
- Move around as soon as possible.
- A temperature is common after the operation and you may be given oral antibiotics

When you first start going to the toilet again, your faeces (bowel movements) will be liquid. Sometimes it takes several weeks to get back to normal, and occasionally you may have to adjust your diet.

Are there complications with this operation?

Risks of this operation are small and much less than doing nothing. Also much less than the alternative of a major operation where less than 5% or fewer than 1 in 20 patients may not survive the surgery.

There are sometimes complications. These may include:

- Bleeding
- Infection
- Inflammation of the pelvis: this may occur because the exposed operation site irritates the tissue around the rectum; antibiotic treatment may be necessary
- Incontinence: you might experience staining of underwear or seepage for a few days after the operation because of the slight stretching of the anus required to insert the operating system; this usually returns to normal without the need for further treatment
- Deep vein thrombosis (blood clots in the veins in the legs)
- Pulmonary emboli (blood clots in the lungs)

Major surgery: sometimes it is not possible to complete the operation by the TEMS procedure and so major surgery will be required; if this is a possibility it will be explained by your surgeon before the operation. If you have any new concerns, feel unwell or problems (for example, severe abdominal or back pain, a raised temperature or bleeding) after you leave hospital, it is important to contact your own doctor (GP) or the hospital. You will be given contact numbers for such an event.