



Putting **patients**
at the **HEART**
of everything we do



St Mark's Education Day

Masterclass: Pelvic exenteration for locally advanced and recurrent rectal cancers.

Target audience: Colorectal clinical nurse specialist, AHP's, Trainee's & other clinicians involved in supporting this patient group.

Aim:

To offer clinicians knowledge to guide post-operative management of individuals following a pelvic exenteration (PE).

By the end of the session, delegates will be able to:

- Understand what pelvic exenteration surgery entails and why it is undertaken.
- Identify what is normal after surgery as well as commonest complications.
- Recognise the importance of early interventions of any complications.
- Understand the impact of pelvic exenteration of psychological well-being and sexual function.

Date: Thursday 5th February 2026

Time: 9.30am-4pm

Venue: face to face/hybrid - zoom at NW10 7NS

St Marks Hospital,

Central Middlesex Hospital, Acton Lane, NW10 7NS

Cost: £90

For bookings enquires: Caroline.gee@nhs.net or carmen.ugarte-cano@nhs.net

Dept. E-mail: info@stmarksacademicinstitute.org.uk

Programme:

09.00 Registration

09.25 Chair/Welcome & Housekeeping

Caroline Gee, Macmillan Nurse Consultant, Complex Colorectal Cancer

09.30 LARC and LRRC Patient Pathway

Therese Hona, Senior CNS, Complex Colorectal Cancer

09.45 The Surgical Roadmap – Dr Tom Glover, Consultant Radiologist

10.00 PE surgery, how far is too far?

Ms Elaine Burns, Complex Colorectal Cancer Surgeon

10.30 Management of short- and long-term complications of PE, avoiding decision regret

Miss Nicola Hodges, Complex Colorectal Cancer Surgeon

10.50 Managing Complex Cancer Pain – Amna Farid, Specialist Pharmacist

11.20 Case Study – Rhegell Cafirma, Complex Cancer CNS

11.30 Break

12.00 Urological complications

tbc

12.30 Sexual function and Intimacy after PE

Mr Andreas Denys, Colorectal Surgeon, Gent, Belgium. Online presentation.

13.00 Managing wounds and flaps

Saumya Sunil, Tissue Viability CNS.

13.30 Lunch

14.15 Managing Emotion/distress

Dr Zainab Noor, Consultant Clinical Psychologist

14.45 Optimising fitness- prehab

Trang Nguyen & Winne St Lucia (Physiotherapy team)

15.15 Sustainability and Future Funding

Mr Ian Jenkins Lead Complex Colorectal Cancer Surgeon

15.45 Evaluations & Close

16.00 Close