



Putting **patients**
at the **HEART**
of everything we do



NHS
London North West
University Healthcare
NHS Trust



St Mark's Nurse Education

Low anterior resection syndrome (LARS) masterclass

This masterclass explains the causes of bowel dysfunction after rectal cancer treatment, how to assess it and interventions to address it

Date: 14 June 2022

Time: 9am-1.30pm

Venue: online (Teams)

Cost: £50

To book please email Jennie Burch on:

LNWH-tr.StMarksNurseEducation@nhs.net



08.30 Log and registration

08.55 Welcome and housekeeping – Jennie Burch

09.00 Defining LARS – Claire Taylor

09.20 Psychological effects on patients – Claire Taylor

09.40 Anatomy and physiology – Jennie Burch

10.00 Physical effects on patients – Jennie Burch

10.20 Comfort break

10.30 Assessing LARS and bowels – Tatenda Marunda

10.50 Effects on caregivers – Eva Pape

11.10 Management options – Eva Pape

11.30 Dietary management – Diane Brundrett

11.50 Comfort break

12.00 Behavioural management – Ellie Bradshaw

12.20 Subsequent management – Brigitte Collins

12.40 Case studies – Ellie Bradshaw & Brigitte Collins

13.00 Clinical discussion – Claire Taylor and Jennie Burch

13.20 Evaluations

13.30 Close

St Mark's Hospital
Northwick Park, Watford Road, Harrow, Middlesex, HA1 3UJ. UK
Telephone: +44(0) 20 8235 4047
Email: LNWH-tr.stmarksnurseeducation@nhs.net