

The ROYAL MARSDEN

NHS Foundation Trust

GI and nutritional consequences of cancer treatment conference

**Presentations by international experts from
The Royal Marsden, The Institute of Cancer Research
and other leading organisations.**

Date

Thursday 28 and
Friday 29 November 2013

Venue

The Royal Marsden
Education and Conference Centre
Stewart's Grove
London, SW3 6JJ

Working with

**WE ARE
MACMILLAN.
CANCER SUPPORT**



NHS



1. Ann Muls, Macmillan Nurse Consultant

2. Dr Jervoise Andreyev, Consultant Gastroenterologist in Pelvic Radiation Disease

3. Dr Clare Shaw, Consultant Dietitian



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Aim

The conference will cover the aetiology, prevention and management of cancer treatment related GI and nutritional issues. CPD accreditation is being applied for.

Cost

£85 per delegate for one day,
£150 per delegate for both
days. Lunch and refreshments
will be provided.

Booking information

To book your place, visit
www.royalmarsden.nhs.uk/gi-conf

If you require further
information contact
Charlotte Ralph,
charlotte.ralph@rmh.nhs.uk
or phone 020 7352 8171
ext 4815.

Dear colleagues,

We are pleased to announce that we are holding The Royal Marsden's third conference on gastrointestinal and nutritional consequences of cancer treatment on Thursday 28 and Friday 29 November, 2013 at The Royal Marsden in London.

This conference is aimed at medical and clinical oncologists, gastroenterologists, dietitians, surgeons, specialist nurses and radiographers with a keen interest in cancer survivorship and more particularly GI and nutritional consequences of cancer treatment.

The event will be a fantastic opportunity to hear leaders in this field from The Royal Marsden, The Institute of Cancer Research and other leading organisations discuss the following topics:

- Reducing long-term gastrointestinal consequences of treatment
- Predicting problems in advance
- New preventative approaches
- Novel avenues for treatment
- How to set up new services
- Practical management tips

In addition there will be state-of-the-art lectures given by international experts on:

- Radiation-induced fibrosis
- Managing diarrhoea during and after treatment
- GI symptoms and nutritional issues after Stem Cell Transplantation
- Nutritional issues after cancer treatment

We hope you can join us in November and look forward to helping inform the vital role you play in your patients' cancer care pathway.

Dr Jervoise Andreyev

Consultant Gastroenterologist in Pelvic
Radiation Disease

Ann Muls

Macmillan Nurse Consultant

Dr Clare Shaw

Consultant Dietitian

The Royal Marsden NHS Foundation Trust

Day 1 - Thursday 28 November 2013

Understanding the size and nature of the problem

09:00	Registration
09:30	Opening remarks <i>Cally Palmer, Chief Executive, The Royal Marsden</i>
09:35	Technical aspects <ol style="list-style-type: none"> Will better radiotherapy eliminate toxicity? <i>Dr Susan Lalondrelle, Consultant Clinical Oncologist, The Royal Marsden</i> Will better modelling reduce toxicity? <i>Dr Sarah Gulliford, Staff Scientist, Division of Radiotherapy and Imaging, The Institute of Cancer Research</i> Changing toxicity profiles with targeted anticancer drugs. <i>Professor Johann De Bono, Professor in Experimental Cancer Medicine, The Institute of Cancer Research and The Royal Marsden</i> Can radiobiology explain the development of radiotherapy-induced acute and late toxicity? <i>John Yarnold, Professor of Clinical Oncology, The Royal Marsden</i>
11:35	Refreshments
11:55	State-of-the-art lecture Radiotherapy-induced GI toxicity is really caused by the 'consequential effect', not the radiation. <i>Linda Wedlake, Research Dietitian, The Royal Marsden</i>
12:25	State-of-the-art lecture Defining normal tissue tolerance to irradiation: can we identify patients who might run into trouble? <i>David Dearnaley, Professor of Uro-Oncology, The Institute of Cancer Research and The Royal Marsden</i>
12:55	Lunch
13:45	State-of-the-art lecture How common are nutritional issues after cancer treatment? Do they compromise outcomes and what do we know about managing them? <i>Dr Clare Shaw, Consultant Dietitian, The Royal Marsden</i>

14:15	Advances in research <ol style="list-style-type: none"> 1. Small bowel bacterial overgrowth <i>Eva Grace, Research Fellow, The Royal Marsden</i> 2. Intra-rectal formalin for radiation-induced bleeding <i>Ann Muls, Macmillan Nurse Consultant, (GI consequences of cancer treatment), The Royal Marsden</i> 3. How does the gut microbiota modulate inflammation within the GI tract? <i>Dr Miguel Ferreira, Research Fellow, The Royal Marsden</i> 4. Predicting radiation-induced toxicity <i>Ann Muls, Macmillan Nurse Consultant (GI consequences of cancer treatment), The Royal Marsden</i> 5. The role of diet to prevent the toxicity of radiotherapy for pelvic cancer <i>Linda Wedlake, Research Dietitian, The Royal Marsden</i>
15:55	Refreshments
16:15	State-of-the-art lecture What do we know and what should we do about GI toxicity after stem cell transplantation? <i>Dr Bronwen Shaw, Consultant Haematologist, Senior Lecturer, The Institute of Cancer Research and The Royal Marsden</i>
16:45	Close / Q&A session

Day 2 - Friday 29 November 2013

Preventing and treating the consequences of treatment

09:00	Registration
09:30	<p>Understanding the needs of patients during and after cancer therapies</p> <ol style="list-style-type: none">1. What GI symptoms and nutritional issues are important for the patients during and after treatment for upper GI cancer? <i>Eva Grace, Research Fellow, The Royal Marsden</i>2. Our experience at the GI late consequences clinic at The Royal Marsden: numbers and needs <i>Ann Muls, Macmillan Nurse Consultant, (GI consequences of cancer treatment), The Royal Marsden</i>3. What can patients do to improve outcomes from pelvic radiotherapy? <i>Dr Helen McNair, Research Radiographer, The Royal Marsden</i>
10:15	<p>State-of-the-art lecture</p> <p>Managing diarrhoea in patients treated for cancer <i>Dr Clare Donnellan, Consultant Gastroenterologist, St James University Hospital, Leeds</i></p>
10:45	Refreshments
11:05	<p>Providing a service for patients with GI consequences of treatment</p> <ol style="list-style-type: none">1. The Manchester experience <i>Dr Wendy Makin, MacMillan Consultant Palliative Care and Oncology/ Deputy Medical Director, The Christie NHS Foundation Trust</i>2. The Welsh experience <i>Dr John Green, Consultant Gastroenterologist, Clinical Senior Lecturer, University Hospital Llandough, Wales</i>3. The Cambridge experience <i>Lisa Punt, Macmillan Consultant Radiographer in Gynaecological Oncology</i>4. Survivorship: what should we all be doing? <i>Natalie Doyle, Nurse Consultant, Living With and Beyond Cancer, The Royal Marsden</i>

12:15	Keynote lecture How can we influence policy makers and what should we be asking them to do? <i>Professor Jane Maher, Chief Medical Officer, Macmillan Cancer Support, NHS Clinical Leader and Consultant Clinical Oncologist, Mount Vernon Cancer Centre and Hillingdon Hospital</i>
12:45	Lunch
13:45	Clinical management on the shop floor 1. Managing female sexual toxicity: my approach <i>Andreia Fernandes, Clinical Nurse Specialist in Gynaecology, The Royal Marsden</i> 2. Managing urinary toxicity: what can I do? <i>Amanda Baxter, Clinical Nurse Specialist in Urology, The Royal Marsden</i> 3. Managing nutritional issues: low fat diets: when, how and how low is low? <i>Lorraine Watson, Macmillan Dietitian in Pelvic Radiation Disease, The Royal Marsden</i>
14:30	State-of-the-art lecture Reversing radiotherapy induced fibrosis: what are the key concepts that clinicians need to take home from research into scleroderma? <i>Professor David Abraham, Professor of Cell and Molecular Biology, UCL-Medical School, London</i>
15:00	Refreshments
15:20	Workshop Modifying outcomes using motivational interviewing techniques <i>Dr Richard Towers, Lecturer Practitioner and Clinical Nurse Specialist Nurse Counsellor, The Royal Marsden</i>
16:05	Closing thoughts / Q&A Session Preventing and managing radiation-induced toxicity: past and future landmarks <i>Dr Jervoise Andreyev, Consultant Gastroenterologist in Pelvic Radiation Disease, The Royal Marsden</i>
16:35	Close

Booking information

Places are allocated on a first come, first served basis.

To book your place, visit www.royalmarsden.nhs.uk/gi-conf or to find out more contact Charlotte Ralph, charlotte.ralph@rmh.nhs.uk, phone, 020 7352 8171 ext 4815.

Life demands excellence

