

A Joint BADS & HCUK Conference

Developing your Daycase General Surgery Service

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Thursday 9th May 2019 De Vere West One Conference Centre, London



Chaired by:

Dr Kim Russon
President Elect
BADS

Miss Vanessa Cubas
BADS Council Co-opted ASIT Member



Supporting Organisations



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Day surgery is now provided for an increasing range of procedures, in patients ranging from the very fit to the rather frail. It has become the standard of care for many elective surgery procedures, a increasing number of urgent/emergency procedures and should be the de-fault option for all 200 procedures within the British Association of Day Surgery (BADS) Directory of Procedures.

As the healthcare industry faces a cost predicament and constant pressures on in-patient beds, it is incumbent upon healthcare professionals and hospital managers to identify and reduce unnecessary practices without worsening patient outcomes. Enhanced recovery programmes are well established in many centres and aim to improve patients' experience of care and expedite recovery from elective surgical procedures in the shortest possible time, without compromising safety. New procedures/techniques or improved pathways that can create both a reduction in cost and improved patient outcomes are constantly being sought after. Hospital stay after surgery constitutes a large percentage of the entire procedure's cost. We shall hear from a number of centres who have reduced their length of stay for General Surgery procedures such as Laparoscopic Fundoplication and Right Hemicolectomy.

Currently, the average hospital length of stay (LOS) after a colectomy and fundoplication is 7 days to 10 days and 3 days respectively in the United Kingdom. However, a trend is emerging toward shorter LOS following colectomies and fundoplications by changing the perioperative procedures. The improvement of patient selection, pre-operative optimisation and surgical advances have all contributed to a shorter LOS and same day discharge in some centres.

We have invited expert speakers on establishing paediatric day case service; Day case emergency general surgery and ways to further expand your day case population through appropriate patient selection and prehabilitation.

There will be an opportunity for discussion with the speakers, experts from BADS and participants from across the UK which will be of interest to those with medical and nursing backgrounds.

Follow the conversation on twitter #BADSGeneralSurgery



10.00 Chair's Introduction

Dr Kim Russon *President Elect* BADS

Miss Vanessa Cubas *BADS Council Co-opted ASIT Member*

10.15 The day surgery pathway & patient selection

Dr Mary Stocker

Consultant Anaesthetist Torbay
President BADS

- Key elements of a day surgery pathway
- Patient suitability for day surgery
- Planning for successful day surgery

10.45 Prehabilitation and widening the patient pool of Day case surgery

Professor Gerard Danjoux

Consultant Anaesthetist
South Tees Hospitals NHS Foundation Trust

Edward Kunonga

Director of Public Health
Middlesbrough Borough Council

- Principles of Prehabilitation
- Improving post-operative outcomes
- An Multidisciplinary approach

11.30 *Question and answers, followed by tea & coffee at 11.40*

12.00 Children and day case surgery

Mr Doug Bowley

Head of West Midlands Paediatric Surgery Network
Consultant Colorectal and General Surgeon Heart of England Foundation

- Patient selection and list planning
- The role of Analgesics/Anaesthetics at optimising your day case service
- Beyond the realms of paediatric day surgery

12.45 Emergency surgery day case pathways

Professor Doug McWhinnie

Consultant Vascular and General Surgeon
Milton Keynes Hospital NHS Foundation Trust

- How to establish new day emergency pathways successfully
- The best pathway involves an MDT approach

13.15 *Question and answers, followed by lunch at 13.25*

14.30 Improving Day case Laparoscopic Cholecystectomy rates

Mr David Bunting

Consultant Upper GI Surgeon
North Devon District Hospital

- Patient selection and day case pathway
- Ambulatory emergency surgery: how to effectively establish a "Hot Gallbladder" service

15.00 Fundoplication and anti-reflux surgery

Mr Paul Super

Consultant Upper GI Surgeon
Heart of England Foundation Trust

- How to successfully establish a Laparoscopic Fundoplication Day Case list
- Patient selection
- Practical tips and the Heart of England Foundation Trust experience

15.30 *Question and answers, followed by tea & coffee at 15.40*

16.00 The 23 hour stay colorectal resection

Professor Timothy Rockall

Consultant Colorectal and General Surgeon
Royal Surrey County Hospital

- The Royal Surrey County Hospital experience
- Patient selection

Followed by discussion of other examples from the floor....

16.30 *Question and answers, followed by close*

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Venue
De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Thursday 9th May 2019

- Conference Fee**
- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
 - £300 + VAT (£360.00) for voluntary sector / charities.
 - £495 + VAT (£594.00) for commercial organisations.
 - £273.75 + VAT (£328.50) for BADS members.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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