



Supporting mothers, making the public aware, educating the profession

Registered with the Charity Commission for England and Wales no. 1169632

Website: www.masic.org.uk

PREVENTING AND TREATING OBSTETRIC ANAL SPHINCTER INJURIES IN CHILDBIRTH

in collaboration with the University of East Anglia, Norfolk & Norwich University Hospitals NHS Foundation Trust and the East Anglian Chapter of the ACPGBI

Thursday, 13 September 2018
10.30am - 4.30pm (Registration from 10am)

Bob Champion Research and Education Building
Norwich Research Park

A multidisciplinary study day reflecting the diverse professional roles required to coordinate and deliver effective and individualised care for women experiencing Obstetric Anal Sphincter Injury (OASI). The study day is open to patients and professionals, with particular relevance to students and registered professionals in midwifery, nursing, physiotherapy, mental health, obstetrics, urogynaecology and pelvic floor surgery, among others.

Registration Fee: £20

£10 for pre-registration healthcare professional students

Free to MASIC Mothers

Includes lunch and refreshments

[For further details and to book a place](#)

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Mothers with Anal Sphincter Injuries in Childbirth

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Hospitals NHS Foundation Trust

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Programme

- | | |
|-------|---|
| 10.00 | Registration and Tea/Coffee/Biscuits |
| 10.30 | <i>Welcome</i>
Dr Gabrielle Thorpe (UEA) |
| 10.35 | <i>The OASI Syndrome</i>
TBC |
| 10.45 | <i>The MASIC Foundation</i>
Professor Michael Keighley (President)
Professor Robert Arnott (Executive Secretary) |
| 10.55 | <i>Mothers' Stories</i> |
| 11.10 | <i>Prevention of Injuries</i>
Jayne Needham (Lead Midwife for Education, UEA) |
| 11.25 | <i>Better Detection of Injuries and their Repair at Birth</i>
Charlie Bircher (Consultant Obstetrician and Gynaecologist, NNUH) |
| 11.40 | Comfort break |
| 11.45 | <i>Perineal Clinic: Co-ordinating Care</i>
Dr Charlotte Cassis (Specialist Registrar, Perineal Clinic, NNUH) |
| 12.00 | <i>Assessment and investigation</i>
Dr Stuart Williams (Consultant Radiologists, NNUH)
Yvette Wright (Clinical Physiologist, NNUH) |

- 12.15 Round Table Discussion
- 12.30 Lunch
- 13.00 **Workshops:**
- A: Interventions to reduce perineal trauma in labour
Repairing the perineum
- B: Rectal Irrigation
Pelvic Floor Exercises

MASIC Mothers Focus Group

Afternoon programme:

- 14.00 **Nurse-Led Advice**
Lorraine Cuffy (Clinical Nurse Specialist-Functional Bowel, Cambridge University Hospitals NHS Foundation Trust)
- 14.15 **Physiotherapy Support**
Gemma Barnes (Women's Health Physiotherapist, NNUH)
- 14.30 **Psychological support for mother and family**
Dr Tal Moore (Clinical Psychologist, Perinatal Community Mental Health Team, Norfolk & Suffolk Foundation Trust)
- 14.45 **Selection of patients for surgery**
Karen Nugent (Colorectal Surgeon, University of Southampton)
- 15.00 **Surgical Treatment**
Chris Speakman (Colorectal Surgeon NNUH)
- 15.15 Coffee/tea break
- 15.45 **Sacral Neuromodulation**
Michael Powar (Colorectal Surgeon, Cambridge University Hospitals NHS Foundation Trust)
- 16.00 **Management of pregnancy after OASIS**
Ilias Giarenis (Consultant Urogynaecologist NNUH)
- 16.15 Round Table Discussion
- 16.30 Close of Meeting

**Six CPD
Points**

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