

## Day 2 - Thursday 17 May 2018

**8.30 am** Registration, tea and coffee

**9.00 am** Introduction and welcome

### Colorectal conditions and reconstruction

**9.10 am** Flap and vascular anatomy of perineum

**9.20 am** Abdomino perineal excision of the rectum (APER): The various techniques and resultant defects

**9.40 am** The APER defect: What is the most ideal flap?

**10.00 am** Healing of the perineal wound in inflammatory bowel disease: The ultimate challenge

**10.20 am** Debate: The APER/Perineal defect: To mesh, close or flap?

**10.40 am** Tea and coffee break

### Benign conditions and novel interventions

**11.00 am** A most difficult problem, recto-vaginal fistula: Do we have a solution?

**11.20 pm** Pilonidal sinus: Do we have an answer?

### Genital malignancy and reconstruction

**11.40 am** Penile reconstruction for malignant disease

**12.00 pm** Vulval and labial reconstruction for malignant disease

**12.20 pm** Lunch

### Perineal trauma and injury

**1.20 pm** Major perineal trauma: What to do?

**1.40 pm** Female genital mutilation: Implications and solutions

**2.00 pm** Prolapse and perineal tears: Repair and consequences

**2.20 pm** The pelvic floor: Stenosis and incontinence with sacral neuromodulation and the mesh problem

### Gender reassignment

**3.20 pm** Male to female: My approach

**3.40 pm** Female to male: How I do it

### Cosmetic and rejuvenation

**4.00 pm** Labiaplasty: Functional or cosmetic?

**4.20 pm** Perineal rejuvenation: A growing demand and the latest trends

**4.40 pm** Case presentations

**5.00 pm** Close of meeting

ORGANISED BY THE PLASTIC SURGERY SECTION

# Abdomen and perineum – aren't they connected?



**Wednesday 16 May  
- Thursday 17 May 2018**

**CPD: 12 credits**



*The* **ROYAL  
SOCIETY of  
MEDICINE**

**Book online at:**  
[www.rsm.ac.uk/events/psk04](http://www.rsm.ac.uk/events/psk04)

#### Venue

Royal Society of Medicine,  
1 Wimpole Street, London W1G 0AE

## Objectives

- Showcase the latest innovative techniques in abdominal wall and perineal reconstruction
- Discuss and debate the controversial area of perianal and vaginal aesthetic and functional rejuvenation
- Demonstrate the importance of multispecialty and multiprofessional working to maximise success in dealing with complex perineal defects
- To highlight ongoing controversies in the field with an aim to develop an expert working group to begin to formulate consensus and take forward over 2018

## Prices

**Early bird rates until  
Friday 20 April 2018**

**RSM members:** £60 - £180

**Non members:** £80 - £200

**Standard rates from  
Saturday 21 April 2018**

**RSM members:** £100 - £220

**Non members:** £120 - £300

## Speakers include:



**Mr David Floyd,**  
Consultant Plastic  
Surgeon, Wellington  
Hospital



**Mr Chris Chan,**  
Consultant Colorectal  
Surgeon, Barts Health  
NHS Trust



**Mr Niri Niranjan,**  
Consultant Plastic and  
Reconstructive Surgeon,  
Mid Essex Hospital  
Services NHS Trust

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\*New members only. Excludes Student and Student Associate applications. Terms and conditions apply.

## Programme

### Day 1 - Wednesday 16 May 2018

<b>8.30 am</b>	Tea, coffee and registration
<b>9.00 am</b>	Introduction and welcome
<b>The cosmetic abdomen</b>	
<b>9.10 am</b>	Key anatomy of the abdominal wall and soft tissue
<b>9.30 am</b>	What is cosmetic abdominoplasty? The mini, traditional, extended and lipo - abdominoplasty explained
<b>10.00 am</b>	Rectus diastasis: Which suture and which approach - laparoscopic or open?
<b>10.20 am</b>	Liposuction assisted abdominoplasty: How far can you push it?
<b>10.40 am</b>	Panel discussion
<b>10.50 am</b>	Tea and coffee break
<b>Hernia and mesh</b>	
<b>11.10 am</b>	Managing soft tissue in abdominal wall reconstruction
<b>11.30 am</b>	Anterior and posterior component separation technique for large hernias: The finer points
<b>11.50 am</b>	Synthetic vs biological: Which mesh and when?
<b>12.10 pm</b>	Salvaging infected abdominal wall mesh
<b>12.30 pm</b>	Managing the stoma in abdominal wall reconstruction
<b>12.50 pm</b>	Panel discussion
<b>1.00 pm</b>	Lunch
<b>Massive weight loss</b>	
<b>2.00 pm</b>	Bariatric surgery: The importance of understanding the various techniques and consequences
<b>2.20 pm</b>	Fleu-dy-lis abdominoplasty vs circumferential lower body lift: Which one?
<b>2.40 pm</b>	Hernia repair in massive weight loss post-bariatric group
<b>3.00 pm</b>	The importance of the umbilicus: How to keep, improve, move and create
<b>3.20 pm</b>	Panel discussion
<b>3.30 pm</b>	Tea and coffee break
<b>Debate and dilemma</b>	
<b>3.50 pm</b>	Not all caesarean sections are the same: My approach
<b>4.10 pm</b>	Discussion: When does a rectus diastasis become an abdominal wall reconstruction
<b>4.30 pm</b>	Case presentations
<b>5.00 pm</b>	Close of meeting