

<b>STOMA PRESCRIBING GUIDELINES</b>		
Type	Average wear time	Average quantity per month
<b>ILEOSTOMY</b>		
One-piece drainable pouch	Pouch changed every 1 - 3 days	10 - 30 pouches
Two-piece drainable pouch	Baseplate changed 2 - 3 times a week Pouch changed every 1 - 3 days	8 - 12 baseplates 10 - 30 pouches
<b>COLOSTOMY</b>		
One-piece pouches closed pouch	Pouch changed 1 - 3 times a day	30 - 90 pouches
Two-piece baseplates closed pouch	Baseplate changed 2 - 3 times a week Pouch changed 1 - 3 times a day	8 - 12 baseplates 30 - 90 pouches
<i>Because colostomates have differing amounts of large bowel, their stomas behave differently and the number of changes they need to make each day varies enormously. At one end of the scale certain colostomates may manage their stoma by using a drainable pouch while at the other end certain colostomates may be able to irrigate. In between there will be a wide variety of one and two piece appliances and additional products used and a wide variety of changes required each day.</i>		
<b>UROSTOMY</b>		
One-piece urostomy pouch	Pouch changed every 1 - 3 days	10 - 30 pouches
Two-piece urostomy pouch	Baseplate changed 2 - 3 times a week Pouch changed every 1 - 3 days	8 - 12 baseplates 10 - 30 pouches
Open night drainage bag	Bag changed weekly	4 bags
Single use drainage bag	Bag changed daily	30 bags
<b>CONVEX PRODUCTS</b>		
Convex products should only be used on the recommendation of the Stoma Care Nurse.		
<b>SUPPLEMENTARY ITEMS</b>		
Additional items may be essential for problem solving with stomal complications or to extend wear time and increase confidence. These include barrier cream, skin protector wipes/spray, powders, adhesive remover, washers and pastes, deodorants, retention strips and support garments.		
<b>The quantities listed above are guidelines only. Some patients may require a higher or lower quantity than stated. If there are any prescribing concerns please refer to the patient's Stoma Care Nurse for details or an assessment.</b>		

Anyone wishing to use this material is requested to acknowledge the source: "PIPs Forum, Stoma prescribing guidelines".

Incorporating Patient, Professional and Industry Groups concerned with stoma and continence care