

WEDNESDAY 25th January

Practical and Training Day - Surgical Trainees

(Max 40) Specialist Registrars (Colorectal/Urogynaecology)

- Live Operating (University Hospital of Wales, WIMAT Cardiff Medicentre)
- Anorectal Physiology – ABC guide for trainees – Steve Perring
- Simulation Lab models (Welsh Institute Minimal Access Therapy)

.....

Practical and Training Day - (max 100)Physiotherapists and Allied Medical Professionals (University Hospital of Wales, Cardiff)

Morning Session: Tutor: Michelle Lyons

'Best Practice in the Bathroom: An evidence based approach to conservative management of Constipation: Physiotherapy, Nutrition and Lifestyle Management'

- Review of anatomy & physiology of constipation
- Slow transit vs Pelvic Outlet Dysfunction
- The role of physiotherapy in managing constipation
- Integrating 'wellness strategies' - everyday choices for better bowel function

Afternoon Session: Tutor: Bill Taylor

'Erectile Dysfunction: Everything you need to know to manage and treat this problem'

- Review of anatomy and physiology
- Aetiology of ED
- Management and treatment options

.....

Endoanal Ultrasound Course , Sophia Suite in the Hilton Hotel Cardiff

Lunch included (starts 12noon)

12.30-5pm

16 places available

THURSDAY 26th January

9am: Coffee

9.30am: Pelvic Pain- a multimodality approach (Chair: Nicola Fearnhead)

- The mechanisms behind the development of chronic pelvic pain *Katy Vincent, Oxford*
- Physiotherapy for chronic pelvic pain (female) *Mair Whittall, Swansea*
- Physiotherapy for Pelvic Pain (male) *Bill Taylor,*
- Pharmacological management of chronic pelvic pain *Gareth Greenslade, Bristol*
- Mesh removal for chronic pelvic pain *Kiron Bhal, Cardiff*

11am: Coffee

11.30am: Psychological aspects of pelvic floor disorders

Pelvic floor and the psychologist. *Yoram Inspector, St Marks Hospital*

12.30pm

Tips and Tricks of interviewing patients for a psychosexual history. *Peter Gill, Tenovus Cancer Care Nurse*

1pm Lunch

2.00pm: Congenital anorectal malformations in the adult population: clinical presentation and management. *Paul-Antoine Lehur, Nantes*

2.45pm: Mesh complications in pelvic floor disorders

Chair: Simon Phillips

- Mesh in clinical practice: the Scottish experience *Karen Guerrero, Glasgow*
- The management of colorectal mesh complications *Tony Dixon, Bristol*
- The management of gynaecological mesh complications *Natalia Price, Oxford*
- Medicolegal aspects of mesh complications in the pelvis *Sarah-Jane Richards, Fortitude Law, London*

5.30- 6.30pm - NPFS Executive Committee meeting (Bute Room)

6.30pm - Drinks Reception (Hilton Atrium)

7.00 pm - Dinner (Hilton Ballroom)

FRIDAY 27th January

9am: Main theatre: Clinical trials

SUBSONIC *Charles Knowles, London*

SAFARI *David Jayne, Leeds*

WP4 programme *Charles Knowles, London*

CONFIDENT *Emma Horrocks, London*

MASIC –*Steve Brown, Sheffield*

RAPPORT *Jon Lacy Colson, Shrewsbury*

9am: Breakout session

Physiotherapy and Allied Health Professionals Breakout Session

Organiser: Jane Dixon

- FGM - *Alison Byrne*
- Anorectal Irrigation - *Yvette Perston*
- Comparison of Manometry, Physiotherapy and Proctography – *Steve Perring*
- Development in Training for GI Physiology/Biofeedback - *Katherine Maybey*

10.30am: Coffee

11am: Consultants' Corner

Chris Cunningham (presenting cases)

11.40 NPFS Accreditation *Steve Brown*

12.00pm: Lunch

1pm - Data collection for the NPFS

1.30pm

Anopress: The new kid on the block. *Alex Leo, St Marks Hospital*

The role of anopress in anorectal manometry. *Steve Perring*

2pm - Complex pelvic floor problems

The surgical management of cloacal type obstetric sphincter injuries. *Abdul Sultan, Croydon*

Gender re-assignment surgery for the non-expert *Tim Terry, Leicester*

Close of Meeting 4pm