

# Course Programme

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## Current Concepts in Pelvic Floor Management 2024 Faecal Incontinence

**Monday 3<sup>rd</sup> & Tuesday 4<sup>th</sup> June 2024**

To be held at Cardiff Medicentre, Heath Park, Cardiff

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### **PROVISIONAL PROGRAMME**

*(Please note timings may alter)*



## Course Programme

Monday 3rd June 2024		
0900 - 0930	<b>Registration</b>	<i>Internal Street</i>
0930 - 0945	Welcome and aims	<i>Seminar Room</i>
0945 - 1005	Basic function and definitions of incontinence	<i>Seminar Room</i>
1005 - 1030	Introduction to pelvic floor anatomy	<i>Seminar Room</i>
1030 - 1100	How to approach a patient in clinic – history and examination	<i>Seminar Room</i>
1050 - 1100	<b>Break</b>	<i>Internal Street</i>
1100 - 1130	Investigations	<i>Seminar Room</i>
1130 - 1200	Lifestyle and coping strategies	<i>Seminar Room</i>
1200 - 1300	<b>Lunch</b>	<b>Internal Street</b>
1300 - 1344	Rectal irrigation and plugs – kit demonstration	<i>Seminar Room</i>
1345 - 1400	Medication in FI	<i>Seminar Room</i>
1400 - 1430	Role of Physiotherapy in FI	<i>Seminar Room</i>
1430 - 1445	Faecal Incontinence Pathway	<i>Seminar Room</i>
1445 - 1515	<b>Break</b>	<b>Internal street</b>
1515 -1600	Split groups Group 1. SNS (sacral nerve stimulation) Group 2. PTNS (posterior tibial nerve stimulation)	<i>Lab/seminar room</i>
1600- 1630	Discussion and cases	<i>Seminar Room</i>
1630-1645	Roundup summary and discussion	
1645	<b>Close of Day 1</b>	
1930	<b>Course Dinner</b>	

## Course Programme

Tuesday 4 <sup>th</sup> June 2024		
0845 - 0900	<b>Registration</b>	<i>Internal Street</i>
0900 - 0925	OASI and Primary Sphincter Repair	<i>Seminar Room</i>
0925 - 0950	Secondary Sphincter repair and recto-vaginal fistula	<i>Seminar Room</i>
0950 - 1015	External Rectal Prolapse	<i>Seminar Room</i>
1015 - 1025	Injectables and bulking agents	<i>Seminar Room</i>
1025 - 1045	<b>Break</b>	<b>Internal Street</b>
1045 - 1200	<b>Practical session</b> - Primary and secondary sphincter repair	<i>Wet Lab</i>
1200 - 1300	<b>Lunch</b>	
1300 - 1500	<b>Practical session</b> - Mucopexy / Intra anal delormes	<i>Wet Lab</i>
1500 - 1530	Case Discussions and Round-up	<i>Seminar Room</i>
1530	<b>Close of Day 2</b>	